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APPLIED  
EMOTIONAL  
INTELLIGENCE



*Compassionate Leadership, Always, Everywhere*

# MHS Emotional Intelligence Certification Program

Date : 27,28,29 October 2022  
(16hrs Online Session across 3 days)  
Day 1 & 2 : 09:30 hrs to 14:30 hrs  
Day 3 : 09.30 hrs to 15.30 hrs



## About EQ-i<sup>2.0</sup>

Dealing with the imperatives of the Covid and post-Covid environment call for resilience around one operating core anchored in emotional and social intelligence.

The EQ-i<sup>2.0</sup> is the world's first scientifically validated Emotional Intelligence (EI) assessment test. Created by Dr. Reuven Bar-On, the pioneer in EI testing who coined the word 'Emotional Quotient', EQ-i has been in use since 1997. Today, there are millions of users of EQ-i across the globe. Thousands of EQ-i certified professionals are using the assessment for leadership development, training, selection, retention, coaching, counselling, and talent management globally.

The EQ-i<sup>2.0</sup> has a 1-5-15 factor structure - 1 overarching EI score, broken down into 5 composite scores each of which, in turn, are broken down into 15 subscales. There are 133 items with global, business-centric language and relevant terminologies designed to measure individual constructs.

The EQ-i<sup>2.0</sup> is more than just an assessment; it's an all-encompassing experience that will help certified professionals become the emotional intelligence authority in the eyes of their internal and external clients.



## About MHS:

Multi-Health Systems (MHS) has been publishing the very best in psychological assessments for over 30 years. They have been serving the psychological community with leading products in the areas of education, clinical, public safety, pharmaceutical, forensic, research and corporate through its international offices and worldwide network of more than 400 partners globally.

**MHS<sup>®</sup>**  
ASSESSMENTS





## Certification Benefits

**International Accreditation for EQ-i<sup>2.0</sup>:** Certified globally to purchase, administer, and generate EQ-i<sup>2.0</sup> and EQ 360 reports for internal/external clients

**Coaching on EQ-i<sup>2.0</sup>:** Certified to give one-on-one feedback and coaching on EQ-i<sup>2.0</sup> and EQ 360 reports

**Design and Deliver EI Programs:** Gain the necessary skills and knowledge to design and deliver emotional intelligence-related interventions

**Learn the Applications of EI:** Learn how to apply emotional intelligence in areas such as leadership development, coaching, counselling, consulting assessment and selection

**Self-development:** Get the opportunity to improve your own EQ through self-assessment, coaching and various developmental exercises during the workshop



MHS Emotional Intelligence Certificate Program has ICF credit now.

*The MHS EQi/EQ 360 participants are qualified to get 16 CEUs (9.25, Core Competencies and 6.75, Resource Development) from ICF.*

## Certification Takeaways

**Report and Discussion:** EQ-i<sup>2.0</sup> self-assessment, report, and one-on-one discussion

**Accreditation Certificate:** Certificate authorizing to purchase and administer the EQ-i<sup>2.0</sup>

**Workbook and Technical Guide:** A comprehensive course Workbook and Technical Guides on EQ-i<sup>2.0</sup> and EQ 360

**Complementary Credit:** Complimentary credit of two EQ-i<sup>2.0</sup> Workplace instruments for practicing coaching with clients.

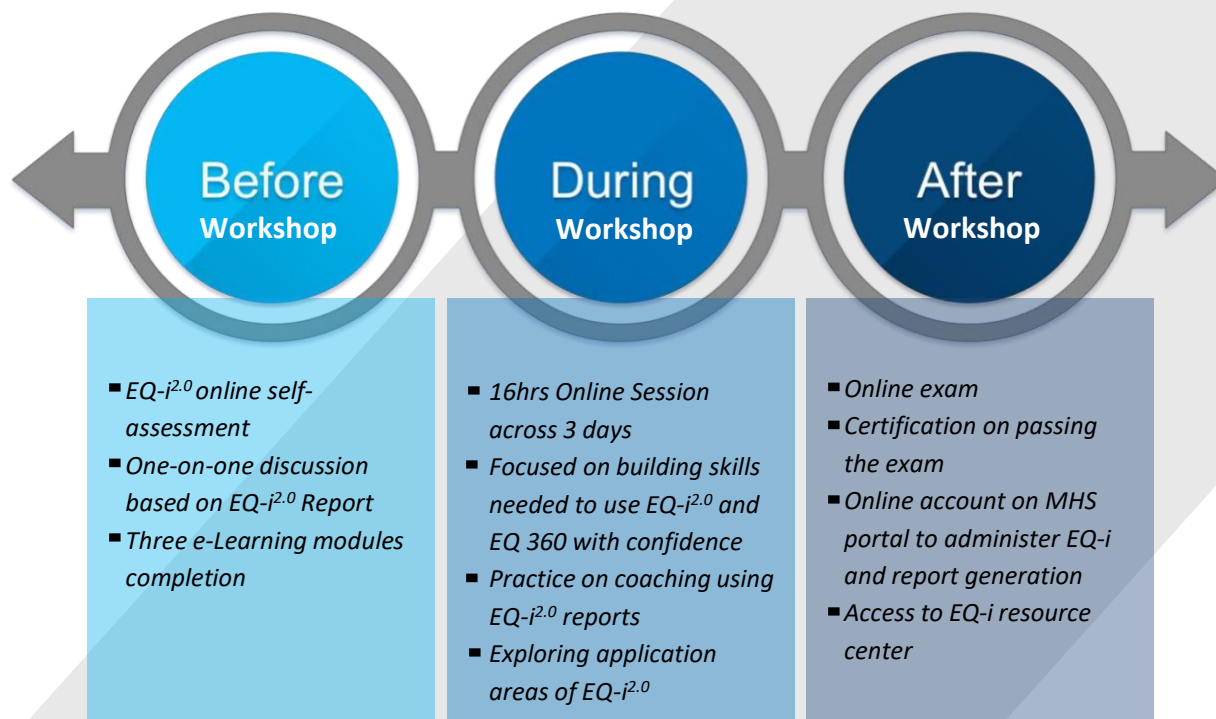
**MHS Account:** Your individual account on MHS portal to administer EQ-i<sup>2.0</sup> and connect with other certified practitioners

**MHS Resource Center:** Access to EQ-i Resource Library



## Certification Process

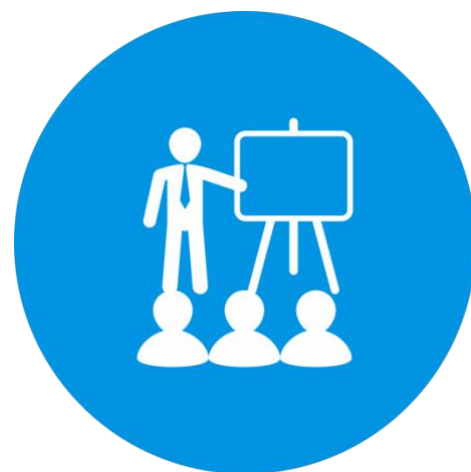
MHS has a standard certification process for EQ-i<sup>2.0</sup> and EQ 360 globally. The certification process is a blended learning solution, which includes e-learning, EQ-i assessment and one-on-one feedback, in-class workshop, and online examination. Successful completion of one step leads to the next and finally, the global certification.



Mandates prior to attending the Workshop: Completion of three e-learning modules, EQ-i<sup>2.0</sup> online self-assessment, one-on-one discussion on EQ-i<sup>2.0</sup> report

## Workshop Coverage:

Define emotional intelligence | Its importance | Components of the EQ-i<sup>2.0</sup> | Defining composite scales and subscales | Understand the science behind the EQ-i<sup>2.0</sup> and EQ360 | Interpret an EQ-i<sup>2.0</sup> assessment | Administer the EQ-i<sup>2.0</sup> | Follow a structured approach to preparing for a feedback session | Demonstrate the ability to conduct an effective assessment feedback session | Explain the benefits of EI to your client groups and stakeholders | Describe how EI applies to different disciplines | Identify resources available post-certification | Assess which report type is appropriate for your client





## EQ-i<sup>2.0</sup> Application Areas

- Personal Excellence
- Transformational Leadership Development
- Leadership Assessment and Development
- Executive Coaching / Training / Faculty Development Selection and Talent Pool Management
- Organizational Consulting
- Complement to Assessment Centers

## Who Should Attend?

- Leaders in the Talent Management Space
- Heads of Talent Development
- Leadership Trainers / Faculty
- Leadership Coaches
- Recruiters for Senior Levels
- Organizational Development Consultants
- Learning & Development Professionals

## Organizations Actively using MHS EQi\*

- |                   |                   |
|-------------------|-------------------|
| ○ Deloitte        | ○ Allcargo        |
| ○ Ernst & Young   | ○ Novartis        |
| ○ Accenture       | ○ Indian Railways |
| ○ Asian Paints    | ○ NTPC            |
| ○ Microsoft India | ○ KPMG            |



*More than 140 Organizations use EQi / Till date 180 Coaches have completed their Global Certification.*



### Master Trainer – Prof. Rajeshwar Upadhyaya

He has over 29 years of industry and consulting experience. He is also certified in various globally recognized psychometric and coaching tools like MHS EQi 2.0, Big 5 Personality Factors; Pearman; Hogan Challenges/ Motivations Preferences/ Firo-B; MBTI Step I and Step II; DISC; ESQ, CreselPro and Leadership Tracker.

Raj has been a visiting faculty at various B-school programs like ISB, KAIST (South Korea), Thunderbird (Arizona State University), BITSOM, Skolkovo, ESADE, EADE, and Rotterdam (Erasmus University). Presently on a mission to train 10,000 master teachers of emotional intelligence, Raj sees EI as the soft infrastructure for nation-building.

## Investments

**₹ 1,35,000** per participant plus GST@18%

For 3 or more nominations from the same organization:

**₹ 1,25,000** per participant plus GST@18%

For coaches and trainers:

**₹ 1,15,000** per participant plus GST@18%

*(Covid Discount: Freelance Trainers and Coaches can avail attractive discounts)*



For registration and more information:

Please write to us @ [contact@parexcellence.org](mailto:contact@parexcellence.org)

Please call our team @ +91 9052002620 / +91 7071083538 / +91 8210400283



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