



Brought to you in India by



# MHS Emotional Intelligence Certification Program

**Program Dates:  
05 - 07 June, 2026**

## About EQ-i<sup>2.0</sup>

Dealing with the imperatives of the Covid and post-Covid environment call for resilience around one operating core anchored in emotional and social intelligence.

The EQ-i<sup>2.0</sup> is the world's first scientifically validated Emotional Intelligence (EI) assessment test. Created by Dr. Reuven Bar-On, the pioneer in EI testing who coined the word 'Emotional Quotient', EQ-i has been in use since 1997. Today, there are millions of users of EQ-i across the globe. Thousands of EQ-i certified professionals are using the assessment for leadership development, training, selection, retention, coaching, counselling, and talent management globally.

The EQ-i<sup>2.0</sup> has a 1-5-15 factor structure - 1 overarching EI score, broken down into 5 composite scores each of which, in turn, are broken down into 15 subscales. There are 133 items with global, business-centric language and relevant terminologies designed to measure individual constructs.

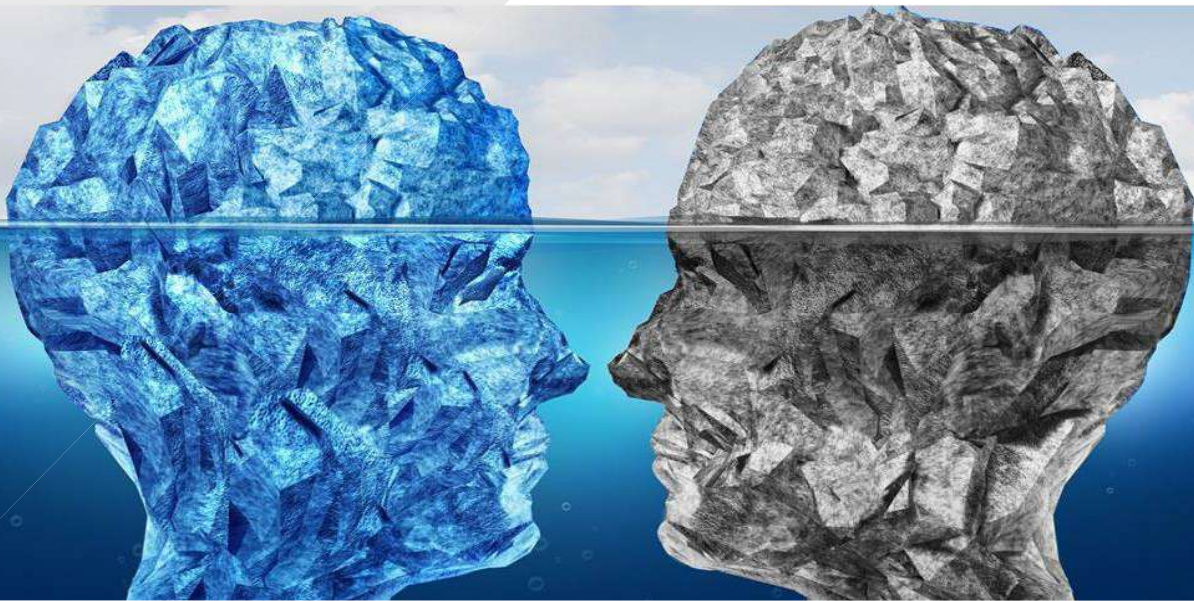
The EQ-i<sup>2.0</sup> is more than just an assessment; it's an all-encompassing experience that will help certified professionals become the emotional intelligence authority in the eyes of their internal and external clients.



## About MHS:

Multi-Health Systems (MHS) has been publishing the very best in psychological assessments for over 30 years. They have been serving the psychological community with leading products in the areas of education, clinical, public safety, pharmaceutical, forensic, research and corporate through its international offices and worldwide network of more than 400 partners globally.

**MHS**<sup>®</sup>  
ASSESSMENTS





## Certification Benefits

**International Accreditation for EQ-i<sup>2.0</sup>:** Certified globally to purchase, administer, and generate EQ-i<sup>2.0</sup> and EQ 360 reports for internal/external clients

**Coaching on EQ-i<sup>2.0</sup>:** Certified to give one-on-one feedback and coaching on EQ-i<sup>2.0</sup> and EQ 360 reports

**Design and Deliver EI Programs:** Gain the necessary skills and knowledge to design and deliver emotional intelligence-related interventions

**Learn the Applications of EI:** Learn how to apply emotional intelligence in areas such as leadership development, coaching, counselling, consulting assessment and selection

**Self-development:** Get the opportunity to improve your own EQ through self-assessment, coaching and various developmental exercises during the workshop



MHS Emotional Intelligence Certificate Program has ICF credit now.

*The MHS EQi/EQ 360 participants are qualified to get 16 CEUs (9.25, Core Competencies and 6.75, Resource Development) from ICF.*

## Certification Takeaways

**Report and Discussion:** EQ-i<sup>2.0</sup> self-assessment, report, and one-on-one discussion

**Accreditation Certificate:** Certificate authorizing to purchase and administer the EQ-i<sup>2.0</sup>

**Workbook and Technical Guide:** A comprehensive course Workbook and Technical Guides on EQ-i<sup>2.0</sup> and EQ 360

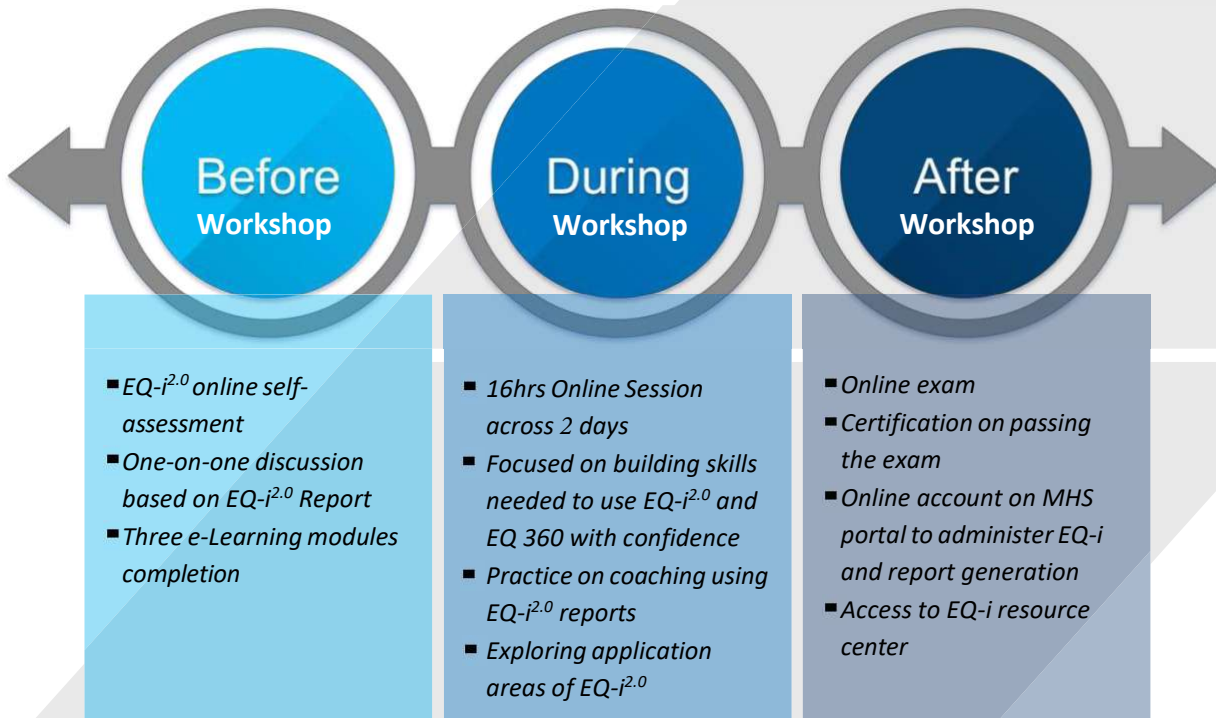
**Complementary Credit:** Complimentary credit of two EQ-i<sup>2.0</sup> Workplace instruments for practicing coaching with clients.

**MHS Account:** Your individual account on MHS portal to administer EQ-i<sup>2.0</sup> and connect with other certified practitioners

**MHS Resource Center:** Access to EQ-i Resource Library

## Certification Process

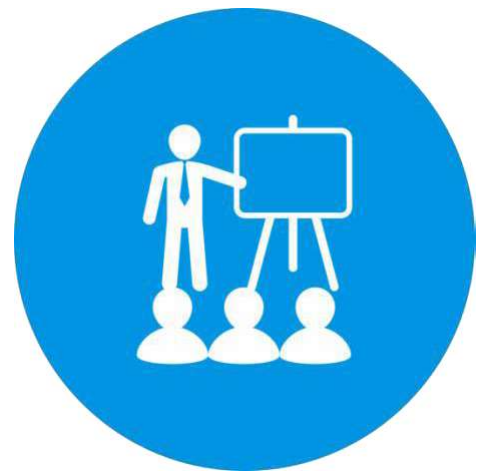
MHS has a standard certification process for EQ-i<sup>2.0</sup> and EQ 360 globally. The certification process is a blended learning solution, which includes e-learning, EQ-i assessment and one-on-one feedback, in-class workshop, and online examination. Successful completion of one step leads to the next and finally, the global certification.



Mandates prior to attending the Workshop: Completion of three e-learning modules, EQ-i<sup>2.0</sup> online self-assessment, one-on-one discussion on EQ-i<sup>2.0</sup> report

## Workshop Coverage:

Define emotional intelligence | Its importance | Components of the EQ-i<sup>2.0</sup> | Defining composite scales and subscales | Understand the science behind the EQ-i<sup>2.0</sup> and EQ360 | Interpret an EQ-i<sup>2.0</sup> assessment | Administer the EQ-i<sup>2.0</sup> | Follow a structured approach to preparing for a feedback session | Demonstrate the ability to conduct an effective assessment feedback session | Explain the benefits of EI to your client groups and stakeholders | Describe how EI applies to different disciplines | Identify resources available post-certification | Assess which report type is appropriate for your client





## EQ-i<sup>2.0</sup> Application Areas

- Personal Excellence
- Transformational Leadership Development  
Leadership Assessment and Development
- Executive Coaching / Training / Faculty  
Development Selection and Talent Pool  
Management
- Organizational Consulting
- Complement to Assessment Centers

## Who Should Attend?

- Leaders in the Talent Management Space
- Heads of Talent Development
- Leadership Trainers / Faculty
- Leadership Coaches
- Recruiters for Senior Levels
- Organizational Development Consultants
- Learning & Development Professionals

## Organizations Actively using MHS EQi\*

- Deloitte
- Ernst & Young
- Accenture
- Asian Paints
- Microsoft India
- Allcargo
- Novartis
- Indian Railways
- NTPC
- KPMG

## Investments

**₹ 2,25,000 per participant**

*Discount available for Group*

*nominations and Leadership Coaches*

*More than 160 Organizations use EQI / Till date 200 Coaches have completed their Global Certification.*

## Master Trainer – Prof. Rajeshwar Upadhyaya

Empowering Leadership through Emotional Intelligence.

Raj, a luminary with 30 years of illustrious experience in Industry, Consulting, and Teaching, is distinguished by his profound expertise in Leadership Development and Emotional Intelligence.

As the visionary founder of Par Excellence and the esteemed Academy for Applied Emotional Intelligence (AAEI), Raj has trained professionals including entrepreneurs, igniting transformative change through cutting-edge Leadership Learning Programs.

With an unwavering commitment to nurturing potential, Raj employs global psychometric assessments such as EIRS, MHS EQI 2.0, IROP, Typology, ESQ, CRESEL PRO, and Change Readiness, to unlock hidden talents and ignite the spark of growth within individuals and organizations.

Embrace this extraordinary journey under Raj's enigmatic guidance and embark on an illuminating path to effective leadership and the transcendent power of Emotional Intelligence.



## At a Glance

Anchored in the Indian ethos, wisdom traditions, mindfulness, differentiated productivity, compassion and active pursuit of happiness, the AAEI's indigenous model is powerful and deeply satiating born out of an astute blend of research and intuitive intellectuality. It was launched with a Mission to Develop "10,000 Master Teachers of Emotional Intelligence" and build large-scale capabilities to help transform the nation.



## Vision

To nurture the infinite faculties of man by expressly cultivating a compassionate mind anchored in the spirit of service.

## Mission

To Develop "10,000 Master Teachers of Emotional Intelligence" and build large scale capabilities to help transform the nation:

- By indigenous research and localized applied content
- By building collaborative relationships with experts, globally
- By astutely using technology for a scalable learning experience
- By actively aligning with Government initiatives around capability and skill-building

 <https://www.eiacademy.in>

 T-Hub, Hyderabad

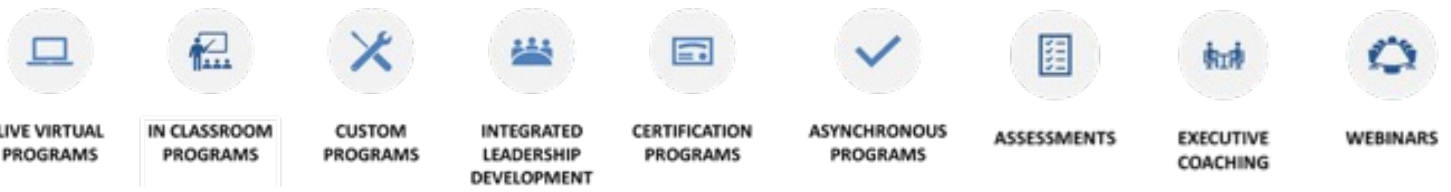
 [contact@eiacademy.in](mailto:contact@eiacademy.in)

 +91 8657461426/27








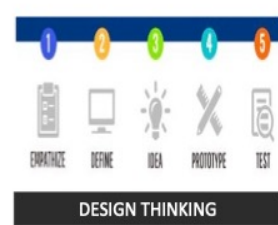
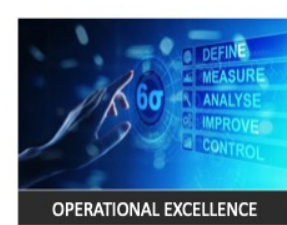






## At a Glance

Par Excellence is a leading leadership learning solution provider based in India. Driven by the vision to be among the premier leadership development institutions in the world. It is a learning transfer support system across industries offering end to end developmental solutions Integrated Leadership, Emotional Intelligence, Culture Change, Customer Centricity, Technology Adoption, Executive Coaching, Assessments, D&I and Learning Labs.

## Our Learning Solutions



## Learning Themes – Indicative

 <p><b>Art of Leading Self</b></p> <p>EMOTIONAL INTELLIGENCE</p>	 <p><b>TRANSFORMATIONAL LEADERSHIP</b></p> <p>TRANSFORMATIONAL LEADERSHIP for the Exponential Economy</p>	 <p>COLLABORATION in Matrix Orgs</p>	 <p><b>LEADING INNOVATION</b></p> <p>LEADING INNOVATION</p>	 <p><b>NEGOTIATION SKILLS</b></p> <p>NEGOTIATION SKILLS</p>
 <p><b>FUTURE THINKING</b></p> <p>FUTURE THINKING</p>	 <p><b>DIGITAL TRANSFORMATION</b></p> <p>DIGITAL TRANSFORMATION</p>	 <p><b>DESIGN THINKING</b></p> <p>DESIGN THINKING</p>	 <p><b>OPERATIONAL EXCELLENCE</b></p> <p>OPERATIONAL EXCELLENCE</p>	 <p><b>CUSTOMER CENTRICITY</b></p> <p>CUSTOMER CENTRICITY</p>
 <p><b>FINANCIAL ACUMEN</b></p> <p>FINANCIAL ACUMEN</p>	 <p><b>Entrepreneurial Orientation</b></p> <p>Entrepreneurial Orientation</p>	 <p><b>MANAGING STRESS</b></p> <p>MANAGING STRESS</p>	 <p><b>ART OF STORY TELLING</b></p> <p>ART OF STORY TELLING</p>	 <p><b>LEADING TEAMS</b></p> <p>LEADING TEAMS</p>



For registration and more information:

Please write to us @ [contact@parexcellence.org](mailto:contact@parexcellence.org)

Please call our team @ +91 8657461426 / +91 8657461427

Website: [www.parexcellence.org](http://www.parexcellence.org)



Mumbai / Hyderabad, India



**Multi-Health Systems Inc.**  
Canada: 3770 Victoria Park Ave., Toronto, ON, M2H 3M6  
U.S.A: 950 Niagara Falls Blvd North Tonawanda, NY

